

Fig. 1

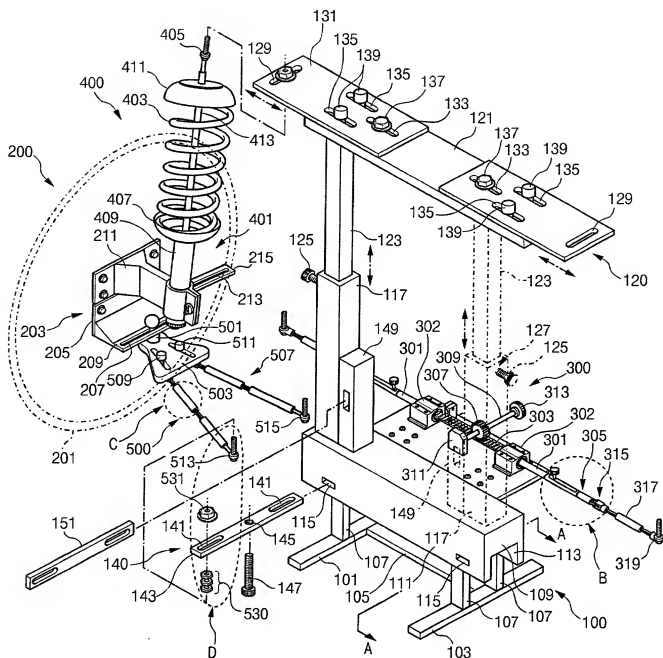


Fig. 2

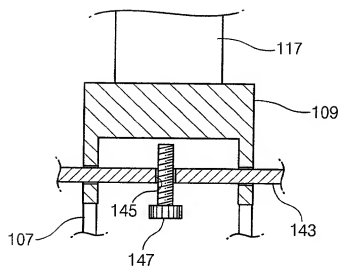


Fig. 3

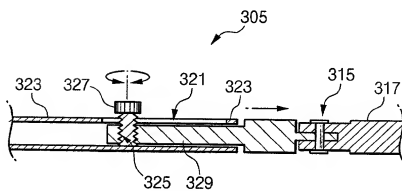


Fig. 4

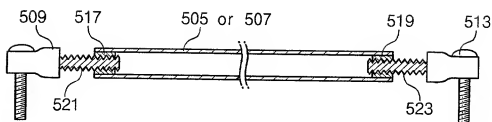
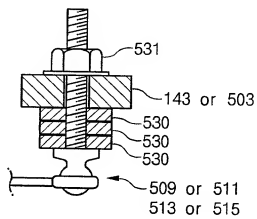


Fig. 5



Country	Year	Age	Sex	Height (cm)	Weight (kg)	Body fat (%)	Maximal heart rate (b/min)	Maximal oxygen consumption (l/min)	Maximal oxygen consumption (ml/kg/min)
USA	1990	20-29	M	178	75	15	190	3.6	20.3
USA	1990	30-39	M	178	75	15	185	3.4	19.1
USA	1990	40-49	M	178	75	15	180	3.2	18.0
USA	1990	50-59	M	178	75	15	175	3.0	17.0
USA	1990	60-69	M	178	75	15	170	2.8	15.8
USA	1990	70-79	M	178	75	15	165	2.6	14.6
USA	1990	80-89	M	178	75	15	160	2.4	13.6
USA	1990	90-99	M	178	75	15	155	2.2	12.4
USA	1990	20-29	F	165	60	15	185	3.2	19.4
USA	1990	30-39	F	165	60	15	180	3.0	18.2
USA	1990	40-49	F	165	60	15	175	2.8	17.0
USA	1990	50-59	F	165	60	15	170	2.6	15.8
USA	1990	60-69	F	165	60	15	165	2.4	14.6
USA	1990	70-79	F	165	60	15	160	2.2	13.4
USA	1990	80-89	F	165	60	15	155	2.0	12.2
USA	1990	90-99	F	165	60	15	150	1.8	11.0
USA	1990	20-29	M	178	75	15	190	3.6	20.3
USA	1990	30-39	M	178	75	15	185	3.4	19.1
USA	1990	40-49	M	178	75	15	180	3.2	18.0
USA	1990	50-59	M	178	75	15	175	3.0	17.0
USA	1990	60-69	M	178	75	15	170	2.8	15.8
USA	1990	70-79	M	178	75	15	165	2.6	14.6
USA	1990	80-89	M	178	75	15	160	2.4	13.6
USA	1990	90-99	M	178	75	15	155	2.2	12.4
USA	1990	20-29	F	165	60	15	185	3.2	19.4
USA	1990	30-39	F	165	60	15	180	3.0	18.2
USA	1990	40-49	F	165	60	15	175	2.8	17.0
USA	1990	50-59	F	165	60	15	170	2.6	15.8
USA	1990	60-69	F	165	60	15	165	2.4	14.6
USA	1990	70-79	F	165	60	15	160	2.2	13.4
USA	1990	80-89	F	165	60	15	155	2.0	12.2
USA	1990	90-99	F	165	60	15	150	1.8	11.0

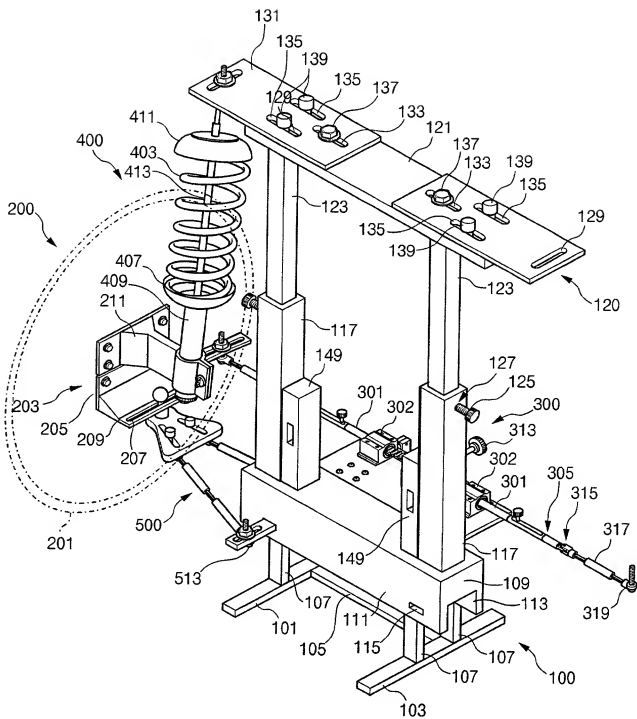


Fig. 7

